



Statement of participation

Amanda George

has completed the free course including any mandatory tests for:

Life stories

This 4-hour free course explored life stories and the way in which objects, trends, cultures or disabilities may contribute to a person's identity.

Issue date: 29 March 2018

www.open.edu/openlearn

This statement does not imply the award of credit points nor the conferment of a University Qualification.
This statement confirms that this free course and all mandatory tests were passed by the learner.
Please go to the course on OpenLearn for full details:
<http://www.open.edu/openlearn/health-sports-psychology/social-care/life-stories/content-section-0>

COURSE CODE: K100_6



Life stories

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Course summary

This free course, Life stories, looks at the way in which objects, trends, cultures or disabilities may contribute to a person's identity, and the contribution that our own life stories make to who we are, and how remembering and revisiting our past may help us to move forward with our lives.

Learning outcomes

By completing this course, the learner should be able to:

- outline how encouraging people to talk about the past can be a way of helping them to manage change in their lives and establish identity in the present
- demonstrate an understanding of the basic principles in life story work which could apply at any age or stage of life
- appreciate that life story work is as much about dealing with the present and preparing for the future as it is sorting out feelings about the past.

Completed study

The learner has completed the following:

Section 1

Life experience as everyday talk

Section 2

Working with memories – life storybooks

Section 3

Conclusion